
































ECCHS BREAKFAST MENUS


 FRESH FRUIT BASKET SERVED DAILY.







































































MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SMOOTHIE WORLD</p> <p>Peach Mango Smoothie</p> <p>Graham Crackers Choice of Fruit  Choice of Milk</p>	<p>SMOOTHIE WORLD</p> <p>Strawberry Banana Smoothie</p> <p>Graham Crackers Choice of Fruit  Choice of Milk</p>	<p>SMOOTHIE WORLD</p> <p>Tropical Fruit Smoothie</p> <p>Graham Crackers Choice of Fruit  Choice of Milk</p>	<p>SMOOTHIE WORLD</p> <p>Strawberry Banana Smoothie</p> <p>Graham Crackers Choice of Fruit  Choice of Milk</p>	<p>SMOOTHIE WORLD</p> <p>Watermelon Raspberry Smoothie</p> <p>Graham Crackers Choice of Fruit  Choice of Milk</p>
<p>BISCUIT BISTRO</p> <p>Chicken Biscuit or  Spicy Chicken Biscuit</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>BISCUIT BISTRO</p> <p>Chicken Biscuit or Sausage Biscuit or  Spicy Chicken Biscuit</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>BISCUIT BISTRO</p> <p>Chicken Biscuit or  Spicy Chicken Biscuit</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>BISCUIT BISTRO</p> <p>Chicken Biscuit or  Steak Biscuit or  Spicy Chicken Biscuit</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>BISCUIT BISTRO</p> <p>Chicken Biscuit or  Spicy Chicken Biscuit</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>
<p>LIGHT & FIT</p> <p>Cereal Bar or Choc. Chip French Toast Gogurt</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>LIGHT & FIT</p> <p>Cereal on the Go or Mini Maple Waffles Gogurt</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>LIGHT & FIT</p> <p>Cereal Bar or Cinnamon French Toast Gogurt</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>LIGHT & FIT</p> <p>Cereal on the Go or Muffins Gogurt</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>	<p>LIGHT & FIT</p> <p>Cereal Bar or Belvita Breakfast Bar Gogurt</p> <p>Choice of Fruit  Choice of Juice  Choice of Milk</p>



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ECCHS MAY LUNCH MENUS

 FRESH FRUIT BASKET AND CARROTS SERVED DAILY.
PBJ SERVED DAILY.

	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	Cowboy Nachos or  Grilled Cheese  Lettuce & Tomato  Texas Caviar  Fantastic Fruit  Choice of Milk	Corndog or  Philly Steak Sweet Puffs  Coleslaw  Fantastic Fruits  Choice of Milk  Turkey Sandwich	 Chicken Strip Basket or  Sloppy Joe French Fries  Tomato & Cucumber  Fantastic Fruits  Choice of Milk	 Cheeseburger or  Club Salad  Lettuce & Tomato Baked Beans  Baked Chips  Fantastic Fruits  Choice of Milk
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
French Bread Pizza or Buffalo Chicken Pizza Tossed Salad  Black Beans  Fantastic Fruits  Choice of Milk  Turkey Sandwich	 Smothered Chicken  Steak & Gravy Rice Green Beans  Cornbread  Blueberry Crumble  Fantastic Fruits  Choice of Milk	BBQ Sandwich or  McRib Whole Kernel Corn Tossed Salad  Fantastic Fruits Ice Dog Slushie  Choice of Milk  Corndog	Zesty Orange Chicken  Sweet & Sour Chicken  Honey Carrots Fried Rice, Rolls  Fantastic Fruits Fortune Cookie  Choice of Milk  Meatball Sub	 Chick Filet or  Spicy Chick Filet  Celery Sticks & Ranch French Fries  Fantastic Fruits  Choice of Milk
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
 Beef Tacos or  Chicken Tacos Tossed Salad  Fiesta Beans Mexican Churros  Fantastic Fruits  Choice of Milk  BBQ Sandwich	Cowboy Nachos or  Fajita Chicken Nachos Lettuce & Tomato  Fiesta Corn Salad  Fantastic Fruits  Choice of Milk	 Chicken Strips or  Meatball Sub  Mac and Cheese Green Beans Rolls  Fantastic Fruits  Choice of Milk	 Hot Dog or  Buffalo Chicken Wrap Coleslaw Sweet Potato Fries  Fantastic Fruits  Choice of Milk  Ham & Cheese	Chicken Quesadilla or  Grilled Chicken Sandwich Seasoned Corn Spanish Rice  Fantastic Fruits  Choice of Milk  Turkey Sandwich
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
ENJOY	YOUR	SUMMER	BREAK!!!	 = GEORGIA GROWN

 **FARM to SCHOOL** Harvest of the Month:
Georgia Grown Blueberries *from Paulk Vineyards in Wray, Georgia*



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